



# Stasia Most

*Speech-Language Pathologist*

*Hometown:* Trumbull, NE

*Education:*

Morningside College, Sioux City IA  
University of Nebraska at Omaha

*Specialized Training:*

Neuromuscular Electrical Stimulation (NMES),  
American Speech-Language Hearing Association  
(ASHA) certificate of clinical competence

*Family:*

Husband: Nate, daughters: Hayden and  
Kate, sons: Henrik, Leon, and Titus

*Hobbies:*

Sand volleyball, boating, concerts, and  
cooking

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*I have so enjoyed my time at MCHI and  
being part of the rehabilitation team.  
Working in a variety of settings and with  
a variety of patients keeps our work here  
engaging and rewarding. It is a true  
blessing to serve this community.*

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