

# MCC Community MATTERS

News & happenings to keep you up-to-date.

A publication of  
**Memorial**  
COMMUNITY CARE



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## MCC Happenings



We are so excited for Spring! The wonderful changes in the weather, the birds singing, and the beautiful flowers popping up are delightful! We are all looking forward to getting outside again to enjoy the sunshine and a wonderful grilled meal.

As a reminder to families, our beautiful courtyard and grill are available for your use. If you want to come and grill a meal for your loved one, please contact us and we will get you on the schedule.



With Easter coming up, we understand that you may want to come up and eat with your loved one, please be aware that we have limited space—so call ahead and reserve your spot.



### Happy Easter!

The Easter Bunny will be making an appearance this year!

Residents started seeds for petunias and cosmos. We will transplant them into the raised garden on the patio when they are ready.



Our Travel Club had a lot of fun visiting Ireland on Saint Patrick's day! We tried traditional Irish Soda Bread, got to see some beautiful landmarks, and learned some fun facts about Saint Patrick himself.

For April's Travel Club, residents decided on Australia!



Merrymakers presents Mike McCrackin on April 4, 2022 at 2:00 PM.

Please note: Family is now allowed to attend activities with their loved one, while following current social distancing and/or masking guidelines.



**care matters**

**Memorial Community Care**  
1423 Seventh St.  
Aurora, NE 68818  
402-694-8230

## Notes from Social Service

At Memorial Community Care, we focus on your loved one’s physical, emotional and spiritual needs throughout their entire stay with us. This includes end of life care. End of life care can be a difficult topic to discuss with loved ones, however, there are services that can provide extra support in this chapter of life.

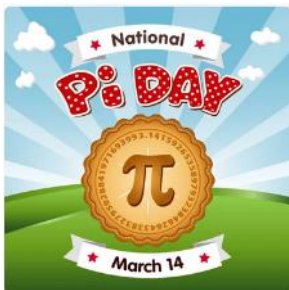
At MCC, we contract with 3 different Hospice agencies: Asera Care Hospice, Tabitha Hospice, and St. Croix Hospice. All contracted hospice agencies focus on comfort through end of life care, however, each agency may have their own philosophies and outlook. Social Work has information on each of these agencies, as well as have the ability to set up a consult for you to discuss any specific concerns or questions you may have regarding hospice or their programs. If you have any further questions, please contact Social Work at 402-694-8260.

~Jennifer Heiden, SW

Playing Hangman!



We are working on a group coloring mural with residents!



Staff 'Rocked their Socks' for Down Syndrome Day.



We celebrated Pi Day and learned more about butterflies.





<b>4th</b>	<b>Janis</b>
<b>11th</b>	<b>Mary H.</b>
<b>11th</b>	<b>Dean</b>
<b>27th</b>	<b>Elva</b>

# Nursing News

For the last 10 seasons, we have been living in the world of "COVID" — a place that none of us ever dreamed of or thought possible.

At the beginning, we were moving along full-speed ahead, adapting to each change with energy and gusto. As time passes and we continue to adapt, it oftentimes seems like it's two steps forward and one step back.

There are encouraging signs this will all end someday soon, so we must stay on track. It


may seem like we are moving at a snail's pace, but we ARE indeed moving forward. As we look to the future, we are anxiously awaiting the time where we can plan a reopening celebration so we can all gather together like we did in the past and put the last two years behind us.

May this spring find all of you happy and heathy! Keep moving forward with us, so that we can all be together again one day soon!

~Tina Buckhalter DON

If you can't fly then run,  
if you can't run then  
walk, if you can't walk  
then crawl, but whatever  
you do you have to keep  
moving forward.

—MARTIN LUTHER KING JR.



## Easter Word Scramble

Instructions: Unscramble the letters to find the words from the list below.

- ndusya \_ \_ \_ \_ \_
- gesg \_ \_ \_ \_
- olrewfs \_ \_ \_ \_ \_
- takebs \_ \_ \_ \_ \_
- nuynb \_ \_ \_ \_ \_
- snirgp \_ \_ \_ \_ \_
- traroc \_ \_ \_ \_ \_
- nuth \_ \_ \_ \_
- ihkcc \_ \_ \_ \_ \_
- cortdeea \_ \_ \_ \_ \_

Sunday, Eggs, flowers, basket, bunny, spring, carrot, hunt, chick, decorate



We Extend Our  
**Deepest Sympathies**  
to the family of

***Darrell***

Your loved one will be  
dearly missed  
and not forgotten.



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MCC is a division of  
Memorial Community Health

## Morsels N' More... Zucchini Carrot Bread



### Ingredients:

- 1 large egg
- 1/2 cup brown sugar, packed
- 1/4 cup granulated sugar
- 1/3 cup oil
- 1/4 cup sour cream
- 2 tsp vanilla extract
- 2 tsp cinnamon
- 1 cup all-purpose flour
- 1/2 tsp baking powder
- 1/2 tsp baking soda
- pinch salt
- 1 cup peeled and grated carrots
- 1 cup grated zucchini

### Instructions:

- Preheat oven to 350F. Spray one 9×5-inch loaf pan with floured cooking spray, or grease and flour the pan; set aside.
- In a large bowl, add the egg, brown sugar, oil, sugar, sour cream, vanilla, cinnamon, and whisk to combine.
- Add the flour, baking powder, baking soda, optional salt, and fold with spatula or stir gently with a spoon until just combined; don't overmix.
- Add the carrots, zucchini, and fold gently to combine.
- Turn batter out into the prepared pan, smoothing the top lightly with a spatula.
- Bake for about 52 to 58 minutes or until the top is golden, the center is set, and a toothpick inserted in the center comes out clean.
- Allow bread to cool in pan for about 15 minutes before turning out on a wire rack to cool completely before slicing and serving.

If you no longer wish to receive this publication, please contact Jessie by phone at 402-694-8229 or by email at [jmorales@mchiaurora.org](mailto:jmorales@mchiaurora.org).

MemorialCommunityHealth.org

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