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MCC is a division of
Memorial Community Health

Morsels N' More... Grilled Fruit Kabobs

Ingredients:

This recipe is wonderful because you can use most in-season fruits.

Why grill fruit? Grilling brings out the natural sweetness of the fruit, and its delicious.

Great options are-

- stone fruit such as peaches, nectarines, and plums, watermelon, cantaloupe, strawberries, and pineapple.

Instructions: Preheat grill to a medium high heat.

- Soak the skewers in water for 20 minutes, to prevent them from burning while grilling the skewers.
- Remove the stones or thick skins from fruit and cut in large cubes or slices. If using strawberries, leave whole and just remove the stem.
- To make the fruit kabobs, thread alternating fruit on skewers.
- Grill on preheated grill for about 3 minutes each side until the fruit softens and chars.
- Take off grill and enjoy as is. As an option, drizzle with honey or dip in vanilla Greek yogurt.



If you no longer wish to receive this publication, please contact Jessie by phone at 402-694-8229 or by email at jmorales@mchiaurora.org.

MemorialCommunityHealth.org

Visit us online at:

1423 Seventh Street
Aurora, NE 68818

MCC Community MATTERS

News & happenings to keep you up-to-date.

A publication of
 **Memorial**
COMMUNITY CARE

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MCC Happenings



It's that time of year!

Many of our residents enjoy going outdoors in the summertime.

We need your help to prevent sunburns and to keep them safe. We ask that you **please provide sunblock, sunglasses, and if needed, a hat, for your loved one.**

We have started up a club for the gentlemen living here at MCC. We are looking for men from the community or surrounding areas who would be interested in good conversation with a group of the most experienced and humble men.

Please contact Jessie in activities for more details or if you are interested 402-694-8229.



care matters

**Memorial
Community Care**
1423 Seventh St.
Aurora, NE 68818
402-694-8230

CNA Week June 16-22
I'm Still Standing

 **NAHCA** The CNA Association | www.NAHCACNA.org

Notes from Social Service

Our goal is for residents and families to always feel involved and informed. Every month, the facility holds a Resident Council meeting. This gives an added opportunity for residents to voice any concerns or questions they may have regarding the facility, our processes, or even staff. Minutes are taken at the meeting and reviewed by each department to ensure resident voices are heard relating to any concerns about a specific department. We then place these minutes in our hallway by our glassed-in bulletin board. We encourage residents and families to review this information and ask additional questions as needed!



Please note that our survey results are also housed in the same area. Nursing homes are surveyed once a year by the state. Memorial Community Care is expecting their survey any day now. The results of previous surveys are in this area, and once our latest survey is complete, those results will also be placed there.

Lastly, you will also find our grievance forms in this area. These forms are to be used any time that a resident has concerns about the facility or any processes the facility may have in place. These grievances may be made anonymously or not. If you feel the need to fill out a grievance form, please do so and place in Social Work or our Director of Nursing's office.

If you have any questions, as always, feel free to contact Social Work at 402-694-8260.



11th Georgiale
12th Ella Mae
14th Marge
27th Betty



**Jim
Darrell**

Nursing News

Please help us celebrate our CNAs this month!
Take a minute to thank them for all they do!

God Made a CNA

And on the 8th day, God looked down on his planned paradise and said, "I need a caretaker of the people."

So God made a CNA.

God said, "I need somebody willing to get up before dawn, or stay up through the night to answer call lights, work on their feet for a whole shift, stay over when someone calls off, then go home to cook dinner, help with homework, laundry, baths, all in order to take care of their own family. Even when their whole body aches from work."

So God made a CNA.

God said, "I need somebody willing to work at double speed for 8, 12, or 16 hours. I need somebody willing to spend Easter, Thanksgiving, and Christmas holidays with them instead of their family, someone who will keep smiling with a positive attitude throughout."

So God made a CNA.

God said, "I need somebody with arms strong enough to pick them up and put them to bed, but yet gentle enough to reposition without waking them in the middle of the night. I need somebody to give showers, change

briefs, dress them, comb hair, trim and paint nails, walk with, or push them to where they want to go, feed the hungry, fill water pitchers, get snacks and then change yet another brief. I need somebody who, while doing this, can take the time to listen and talk with a caring heart, a kind voice, and mean it." So God made a CNA.

God said, "I need somebody willing to comfort, provide care, and hold a hand in times of need. And if no one is there for them, do the same while they lie dying at the end. I need somebody who can comfort their family members with a hug, and tell them that their loved one will be missed, all while not letting them see you dry your eyes."

So God made a CNA.



We Extend Our
Deepest Sympathies
to the families of

Loretta
Jim
Bobbie
Roger

Your loved ones will be
dearly missed and
not forgotten.

