

Guidelines for Breast Cancer Screening

Screening tests are used to find cancer before a person has any symptoms. The American College of Radiology (ACR) and Society of Breast Imaging (SBI) recommend the following breast cancer screening guidelines.

Age to Start Mammography	40
Age to Stop Mammography	No age limit; tailor to individual health status
Mammography Interval	Annual
View on Tomosynthesis (3D) Mammography	Improves cancer detection, reduces recall rates

Screening should continue as long as a woman is in good health and is expected to live five to seven more years. For more information, visit www.mammographysaveslives.org/Facts/Guidelines.

All women should be familiar with the known benefits, limitations, and potential harms linked to breast cancer screening. They also should know how their breasts normally look and feel and report any breast changes to their healthcare provider right away.

To schedule your mammogram, or to speak to one of our screening technologists, call our Radiology Department at **402-694-8258**.

We offer both 2D and 3D (tomosynthesis) Mammograms.



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